Impressions

Theme of this Bulletin:

Nirbhau- Nirvair (No Fear - No Hate)

No. 22/20 – November 2022
(Monthly e-Bulletin)
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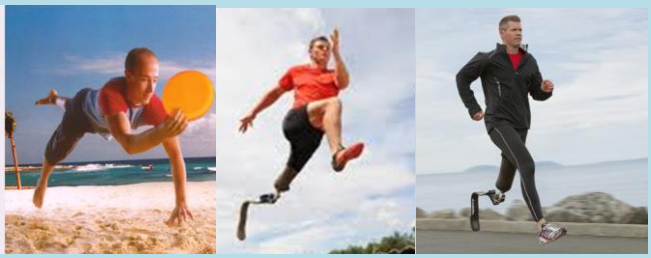
Editor
Dr. V.J.S. Vohra

Fear never builds the future, But FAITH does, and also HOPE does



Disability leads to Ability of Super Humans YouTube

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Rotary District 3080 Sahyog Project

Gift of Dignified Life

Click here - https://youtu.be/2NLP0dry3Mw

11 Patients sponsored by Rotary Panchkula Midtown were discharged on 06 Novmber from our Clinic at Zirakpur in presence of Sh Surinder Rathi, District Panchkula President AAP, AG Zone 3 Naveen Gupta, President Panchkula Midtown Pankaj Kapoor, President Mukesh Agarwal (Rotary Club Panchkula), President D.R. Mehra (Rotary Club Pinjore) PP Parveen Goel, Sahyog Chair PP Salil Dev Singh Bali and Rotarians of Rotary Club Panchkula Midtown and Sr Prosthetic Consultant PP Dr VJS Vohra, District Disability Chair.

Thanks to President Pankaj Kapoor, Rtn Anuj and Deepak Aggarwal of Attrius Technologies and other Rotarians for sponsoring the patients for providing them artificial limbs.

Sushma provided both artificial legs

Sushma (2nd from right) provided both prosthetic legs, sponsored by Inner Wheel Club of Panchkula and Rotary Club Chandigarh Midtown

Click here to see video of Sushma, walking perfectly with dignity and pride on her bilateral (both) below knee artificial legs and she gets a loud applause from Rotarians who are supporters of Sahyog project

The working of Sahyog project is being meticulously managed by the Chairman of project Sahyog, Past President Rtn Salil Dev Singh Bali, along with prosthetic support of Past President Rtn Dr. VJS Vohra, a senior prosthetic consultant and his professional team at Government recognized Nevedac Prosthetic Clinic, Zirakpur, Chandigarh. Dr Vohra is RCI certified prosthetic clinician and Hony Prosthetic Adviser to Governments of Punjab, Haryana, Chandigarh and Himachal Pradesh.

The healing process

Author

Utpal Chatterjee
Former Sheriff of Kolkata

COME DECEMBER! The piece, below, was spurred by a good deal of hard thinking. Not much has changed the world over. The economy is still being discussed and some of the best brains are still at loggerheads.

To spread happiness, love, healing, peace and joy should be the prime mission in everyone's life.

A large chunk of our rural sector needs greater attention. The farmers' lot must be looked into with greater urgency. The poorest of the poor need to be brought out of the "areas of darkness", exposed to the light of literacy and education and brought to the mainstream of society. Let the middle class not feel subdued under undue pressure. At this age and stage, let us feel part of a "developed nation" and move ahead irrespective of political differences, if any.

Peace is, indeed, at a premium the world over. Some are still barking out threats and reminding the rest of the weapons and nuclear arsenal that they possess. The nuclear arsenal ought to treated and kept, if at all, as deterrents. Our planet can longer afford the consequences of even a conflict, let alone a war.

Let diplomacy and negotiations replace other dangerous options. We are in an age and at a stage when sense and sensibility must prevail over pride and prejudice. Starting with literacy, education must be made an urgent priority. If we as, global citizens, consider ourselves "civilized", why behave in any other way?

True, the year is gradually drawing to a close but why are we always reluctant to learn the relevant lessons? Let us look forward with hope and anticipation and a prayer on our lips. Let us, as nations and peoples, reach out and be good to others even as climate change is causing so much concern. Climate control has to be the greatest priority because we took nature for granted for far too long.

There is still time to make up and heal. Let the healing process begin now!

Simple Formula for Living

Social Media

Live beneath your means.
Return everything you borrow.
Stop blaming other people.
Admit it when you make mistake
Give clother not worn to charity
Do something nice and try not to get caught.
Listen more; talk less.
Every day take a 30 min. walk.
Strive for excellence, not perfection.
Be on time. Don`t make excuses.
Don`t argue. Get organized.
Be kind to unkind people.
Let someone cut ahead of you in line.
Take time to be alone.
Cultivate good manners.
Be humble.
Realize and accept that life isn`t fair.
Know when to keep your mouth shut.
Go an entire day without criticizing anyone.
Learn from the past. Plan for the future.
Live in the present.
Don`t sweat the small stuff.
It`s all small stuff.

Statutory Warning

Rehabilitation Council of India

भारतीय पुनर्वास परिषद्
सामाजिक न्याय और अधिकारिता मंत्रालय,
दिव्यांगजन सशक्तिकरण विभाग के अधीन एक सांविधिक निकाय
REHABILITATION COUNCIL OF INDIA
A Statutory Body under the Ministry of Social Justice and Empowerment
Department of Empowerment of Persons with Disabilities (Divyangjan)

STATUTORY WARNING

Practicing without RCI Registration
In Govt./Non Govt. Organization and by any Private Practitioner
is an Offence under section 13 (3) of RCI Act No. 34 of 1992

It has been observed by the Council that Children with Disabilities (Divyangjan) are being trained/ served by Quacks/Unqualified/Non-registered Personnel/Professionals.

If anyone found serving "Persons with Disabilities (Divyangjan)", without having RCI Certification, shall be prosecuted before the Court of Law under Section 13(3) of RCI Act, 1992 as under:

"Any person who acts in contravention of any provision of sub-section (2) shall be punished with imprisonment for a term which may extend to one year, or with fine which may extend to one thousand rupees, or with both".

General Public is requested to report such instances to the Council along with documentary evidence by post/fax/email to enable the Council to take appropriate action such as filing of FIR against such persons.

"This Statutory Warning is issued in public interest".

14-5-2019
(Dr. Subodh Kumar)
Member Secretary

B-22, Qutab Institutional Area, New Delhi - 110 016
Tel.: 011-2653 2408, 2653 2384, 2653 4287, 2653 2816 Fax : 011-2653 4291
E-mail : rci-depwd@gov.in Website : www.rehabcouncil.nic.in
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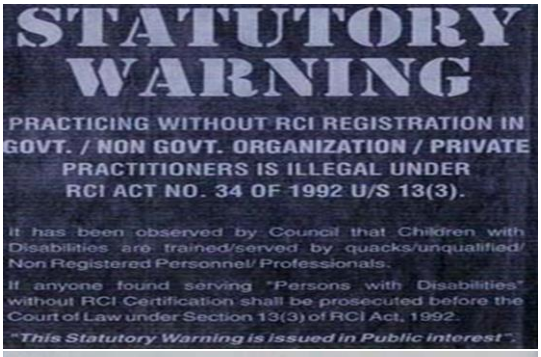
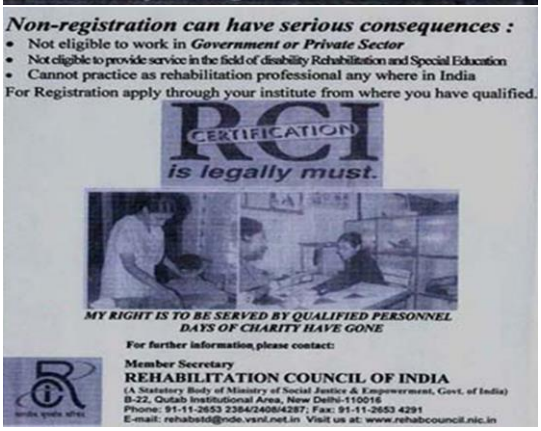
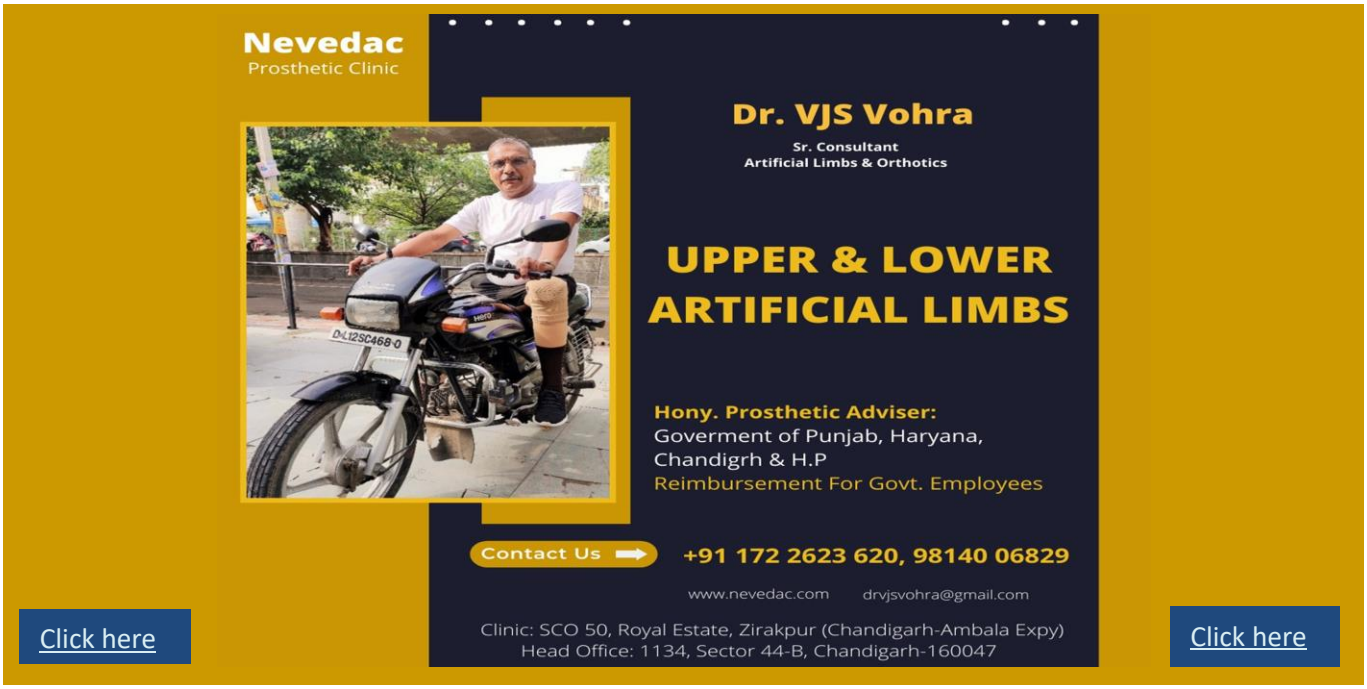




Founder, Artificial Limb Centre, Pune | Founder, Nevedac Prosthetic Centre, Chandigarh



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A lifelong pursuit of the Denning style of writing

Indian Express | 30th October 2022

Written by PP Rtn Dr. Balram K Gupta, Professor Emeritus and Sr. Advocate

Director (Academics) Chandigarh Judicial Academy

Dr Balram Gupta

Language constitutes the most important part of any writing be it books, essays or legal writing such as petitions or rulings. The style of writing is equally important.

Short sentences couched in simple language are more impactful. Each word counts. Ernest Hemingway has been described as the economist of words. So much can be packed in short sentences.

The Shakespearian recipe has a special flavour: Brevity is the soul of wit.

Abraham Lincoln, a lawyer and the 16th President of United States, was known for his eloquence and precision. The Gettysburg Address delivered in 1861 contained less than 300 words. The famous words echo even after more than 160 years: Democracy means – Government of the people, by the people, for the people. My research led me to some interesting meanings: Hug – A roundabout way of expressing affection. Modern literature – Neurotic, exotic, tommy-rotic. Alcohol: A liquid good for preserving almost everything except 'secrets'. Lawsuit: Generally, a matter of expense and suspense. A school-going boy was asked to write an essay on the game of cricket. He wrote, "Rain. No game." A skilful game, the economy of words is not everyone's cup of tea.

In my early years when I was in school my father used to write for me. I used to memorise and speak. Gradually, I started writing myself. For writing, I required fuel. Therefore, I would read different books. This process continued in college. It was polished during my university days. This habit continued when I joined the faculty of Panjab University in 1969. My talks and research articles were integral to my teaching. Therefore, I developed my writing skills.

I was at the London School of Economics (LSE) in 1978 (34 years old) when I met Lord Denning in his Chambers. I had over an hour-long interaction with him and recorded it. I admired the way he spoke and wrote. The Denning style of writing was infectious. The more I read his judgments and writings, the more I enjoyed them. I would read him for relaxation. His writings nurtured happy minds. Denning wrote six books at the age of 80 and above. Every summer, he would finish a book sharing his experiences. A judge for 38 years, Lord Denning conducted the Profumo Inquiry, which became a bestseller because of his writing style. A Britisher even used it as a passport for entry to Canada.

Keen to develop the Denning style of writing, I wrote a piece on him in 1984. I wrote, "Lord Denning style of writing was his own. He communicated effectively. In short sentences. Sometimes two words. Sometimes only one. But most appropriate. Befitting the occasion."

When I joined the legal profession in early 1991, I would draft my petitions in short sentences. After years of practice, I gradually graduated to the Denning style of writing. I used to contribute my pieces every month to the monthly e-Newsletter of Chandigarh Judicial Academy. Once, my grandson, Gurmehar, home on vacation from Doon School, Dehradun, read my pieces and asked me, "Nanu, why do you write in short sentences? Simple in words. "I asked him the reason for his question and he said, "I enjoyed reading them." I told him, you got the answer.

I was overjoyed when, commenting on my autobiography "My Journey with Law & Justice", Prof. Upendra Baxi wrote, "Written in Biblical style (usually attributed in law to Lord Denning), the author elegantly conveys arenas of law and life, what many difficult tomes in law struggle to communicate."

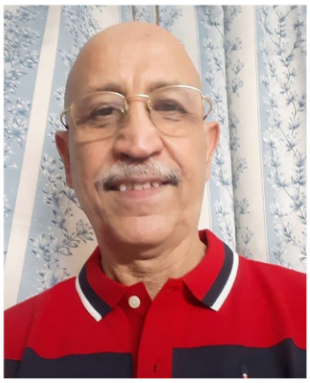
Justice Dr. D.Y. Chandrachud, Chief Justice of India, while releasing the book on January 29, 2022, said: "His autobiographical account written in short and comprehensible sentences in Lord Denning style would help law students, lawyers and judges to navigate through their career choices, given that the author has such a wide range of experiences of his own….. I think every page of this book embodies his quest for learning, his love for literature and his passion for erudition which are the scholarly attributes that make the personhood of Dr. Balram Gupta as we know him so closely.

Anil Malhotra, an advocate and author, called it a "compilation of Indian Lord Denning's writings".

When I met Lord Denning 44 years ago, I never thought my writings would be equated with his writing style. Imagine, how language can make such a difference. Above all, it proves that with sincere effort, one can achieve anything. I owe all this to the gift of language.

STOP Violence Against Women

Author



Maj. Gen. Krishan Chauhan
Retired Army Medical Corps
Former Additional Director General Medical Services
https://youtu.be/B_oLyfCqofQ

Most number of 'unnatural' deaths of women worldwide occur in India. But less than 40% crimes against women are reported. Just a fraction of these criminals is actually punished. Have Indians become immune to this inhuman violence? Is viewing and not reporting a small crime justified? Does this not lead violent people to commit even bigger crimes?

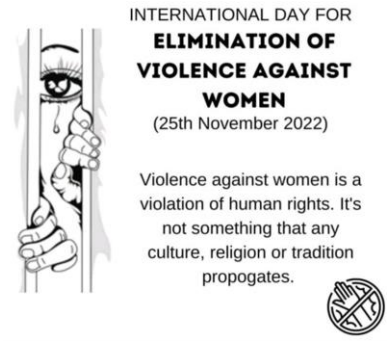
A couple of years ago I had written four articles on women, two on discrimination and violence and two on measures to improve their status. In the last two years, there have been large scale deaths and prolonged lockdowns due to Covid. This was followed by a European war, global recession and high inflation especially of food items. Both events led to extreme stress in the societies. Online learning and Work- from-home opportunities provided by educational institutions and businesses have offered easy access of gullible women and girl students to criminals. As per a UN study, during natural calamities, more than average violence occurs against women.

In the year 2020, reported crimes against women as per our National Crime Bureau's (NCB) statistics, were much less as compared to previous years.

Sociologists and research students, however conducted surveys and found that the crimes had actually increased but were under-reported due to 'locking-in' of women and adolescent girls. Incidences of crimes against women bounced back over 15% higher in 2021 as compared to 2020, as per NCB. Why is half the society so violent when it comes to the other half – the females? Misogyny or male superiority lurking in the minds of males, be it father, brother, husband, boss or employee or lover – beloved or one sided, is the main reason. Under reporting and getting a fast and fair trial is a deterrence in filing cases. On top of it, victim shaming by the society results in hiding crimes. The traditional reasons for crimes against women were:

Domestic Violence and crimes on women by the males closest to them is common: Dowry related | Honour killing | Eve teasing, stalking, rape and violent sexual abuse | Domestic violence | Acid throwing | Kidnapping, trafficking and forced marriages | Under-age marriages.

Changing times have changed the mindsets of criminals. A new breed of criminals has evolved, and this has led to newer methods of violence. There is a need to understand the methodology of these criminals so that innocent girls or women do not fall prey. There are hundreds of different new age crimes but some of the common ones are: Online blackmail, bullying, spying is becoming common in today's digital world | Online friends inciting single women for their bold pictures in the name of love. Later the women are blackmailed for videos of even more explicit pictures | Revenge porn after a failed marriage or live-in relationship | Being locked inside the house with a violent partner in a new neighborhood | Stricter rape laws leading to murder after rape | More young women taking alcohol or drugs in mixed friend's circle | Juvenile but sexually mature males trying to take advantage of juvenile laws of the country | Young males, under the influence of alcohol prey on gullible women in parties and social gatherings | Incitement and rapes in the name of religion in spiritual centres and deras | Men assuming that they have no legal responsibility in live-in relationship | Increasing women's jobs which require them to be in closed areas with men. Toxic bosses or mentally deranged vehicles drivers | More natural calamities due to Climate change means more violence against women.



New age crimes require newer and ingenious ways to fight these criminals. An important way is to make girl children aware at an early age of the possibilities of crimes. More important is to make sons responsible and empathic to women related issues. As per psychologists, sons who have witnessed their father's violence against their mother or sister are more likely to treat women as mere objects. Genetically, females are mentally and emotionally stronger than men. Yet, they can be vulnerable at some stages of their life and that's when advantage is taken off. Given the right tools and support, they can fight these crafty people. But first, awareness is the key.

My Visit to the Kyushu Island, Japan

Author

Dr. Swaranjit Singh (FAMI, FNABS, FSAB, FNESA)

- His name is listed in Top 2% Global Scientists for 3 consecutive years.
- Served in MTCC & Gene Bank now the first IDA in India.
- Member in 2 WFCC Committees.
- Member Task Force National Biodiversity Authority Chennai.
- Awarded Loyola Environmental Award.
- Fellow National Environmental Sciences Award.
- Life Time Achievement Award, 2022 by St. Xaviers College Ranchi
- His Publications are in High Impact Factor Journals and the articles are highly cited in the literature (h index 56, i20 index 150) and cited ~17000 times.

Director
SAS Free Polyclinic Perch,
Mohali, Punjab

While I was in the Kobe University in Japan, I got an opportunity to go to the volcanic region of south Japan with Professor Nobuhide Fujitake. From Itami (Osaka) Airport to Miyazaki we went by air. Our mission was to collect soil for analysis of its Humic Acid Content and isolation of microorganisms. From the Miyazaki University we started the adventurous expedition by car. We climbed up the mountains and saw steam oozing out.

The nearby rocks were hot in the cold November season due to the hot gas from the interior of the earth. I saw a lot of yellowish deposits that was in fact Sulphur. There was a lake down below that had formed as a result of a creator created due to a volcanic eruption. Some areas were fenced in the Kirishima region with boards saying “KEEP AWAY” from the hot gases.

All along the route back we saw steam going up as if numerous chimneys were there. Huge retaining walls with fencing are made by the Government of Japan. It is interesting to note that many pipes are erected to facilitate the hot gases to escape. The pipes had pure yellow crystals of Sulphur deposited piled up in a geometric pattern. The pipes holding the yellow Sulphur crystals were corroded and broken due to the corrosive action of the Sulphuric acid formed in the process. The whole area had a fishy smell. As we further went down there was a big mass of white smoke and many cars were parked. This was a big Sulphur Spring. We heard the loud sound of Sulphur and water splashing out in large volumes and the smell was very strong. No one goes down as the discharge is very dangerous and can char animals, humans and plants. Seeing all these amazing sights, I felt and saw how hot our earth’s crust is - the hot lava waiting to erupt and cool the interior of the earth.

Miyazaki City has broad roads with shopping and eating places. I remembered the broad roads of LA, USA. Many Palm trees and lovely seasonal flowers were in full bloom. The Miyazaki University located on a hill has the Palm trees and flowers mentioned above. On our way back after visiting the departments we saw a panoramic view of the blue waters of the Pacific Ocean in front of us.

It was a magnificent view to see the ocean with ships from above. Big concrete blocks were placed on the shore to control the strong waves of the sea.

Baba Ala Singh – The Backbone of Patiala Province

Author

Dr Jaswant Singh Puri
Doctor of Letters
(Honoris Causa)

The East India Company played a prominent role to carry out reforms in Patiala Province in the period 1809 to 1857 A.D. It solved the disputes arising out of succession of Princes. The Company staged a crucial role to establish the sovereignty of British Rule which was, however, accidental. It has been observed that the procedure adopted for Patiala Province to delineate its supremacy was, however, somewhat different. The Britishers paid greater attention to Patiala Province because it was the largest Province in respect of population and income. A major part of Patiala Province was a part of ancient Vedic Age called 'Brahmrishidesh'.

Patiala Province got its name from its founder Baba Ala Singh who founded the Province in the middle of the eighteenth century. It is, however, assumed that the rulers of Patiala Province belonged to Yadav Dynasty. Bhattis were a new tribe that originated here. It was Jaisal among the Bhattis who founded Jaisalmer Province.

The Provinces of Patiala, Jind and Nabha in together were known as *'Phulkian Province'* because Chowdhary Phul was the common ancestor among them. It is well known that Guru Har Rai Ji predicted that Phul will feed thousands of people to satiate the hunger whose rule would extend upto Jamuna. This prediction proved true in word and spirit. Phul was a skilled administrator who took the reins of his rule at a young age of eighteen and proved his mettle. He founded a new place called 'Phul' which later on became the administrative place of Phul. He fulfilled his duties as 'Chowdhary' for twenty five years. He proved himself to be a warrior of excellence. In addition to his administrative skill, he was a sound practitioner of 'Pranayam' (a Yogic exercise). However, he left this world in 1689 A.D. The first wife of Chowdhary Phul begot three sons – Tilok Chand, Ram Singh and Raghu. Tilok Chand and Ram Singh were the true devotees of Sri Guru Gobind Singh who helped Guruji and Banda Bahadur in various battles. Ram Singh being fearless and bold founded a city 'Rampura Phul'- his own namesake. But Ram Singh was killed in 1714 A.D. at the age of fifty when the two sons of Chain Singh were seeking revenge who was murdered by Ram Singh due to his illicit activities. Ram Singh had six sons and one of the illustrious and brave sons famously known as Ala Singh founded the Patiala Kingdom. His elder brother Tilok Singh, being equally competent founded the Kingdom of Nabha and Jind.

Baba Ala Singh had sought expertise in the use of armour at a young age. He was wedded to Fateh Kaur, who was merely nine years old at her marriage. She proved to be a devoted wife who contributed a lot in the uprising of Ala Singh. He fought courageously in the first three decades of his political rise. He laid siege over a number of places and captured Barnala in 1722-23 A.D. This was called the Wessex of Patiala Province. He founded a new village Longowal and rehabilitated it. Ala Singh with the help of Nigahi Khan was able to capture even the surrounding territory of Barnala. There was a fierce fight between the warriors of Asad Ali Khan and Baba Ala Singh in 1731 A.D. Asad Ali met his end and Ala Singh was declared victorious in the battle which was a landmark achievement.

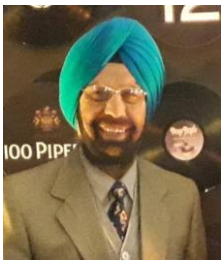
Baba Ala Singh was inducted into Sikh Panth by Kapur Faizalpuria who baptised him with 'Pahul' – a pious tradition among the Sikhs. A spark of courage ignited in him to extend his empire and thus founded a number of new places – Chhajli, Dirba and Sheron being the famous ones. His adventurous feats in favour of Shahzada Ahmad and against Abdali impressed him abundantly. He even killed Farid Khan and captured Samana *pargana* with his mighty courage. Ala Singh being ambitious and courageous fortified his domain. Sardar Mohammaad Saleh Khokhar surrendered Sanour Pargana and its eighty four villages at the altar of Baba Ala Singh. He also founded Kaithal Kingdom under the leadership of Bhai Gurbaksh Singh. He also captured the territories of Budhlada and Boha by defeating Bhatti Sardars. Inspired by his triumphant feats, he extended his empire and captured Bahadur, Khudal, Akbarpur, Bareta, Mander areas also. He was successful to bag a large number of areas of Samana and Sunam *Parganaas* to add to his wish list by the end of 1758.

Ala Singh also took into his possession some territories of Malerkotla in 1760-61. He was generous enough to offer shelter to Maratha runaways who were defeated in their fight against Ahmad Shah Abdali. He had to follow up a compromise with him. However, Ahmad Shah was much impressed by Ala Singh who accepted his possession of 726 villages. Baba Ala Singh saved himself and the sanctity of his long hair by offering 1.25 lac rupees who proved himself to be a true Sikh. The Sikhs in Panjab created turmoil in 1763 after the retreat of Abdali. Ala Singh in 1764 A.D. founded Patiala City and erected Quila Mubarak and Patiala being designated as the capital of Patiala Province. He even issued his own coins. Even Ahmad Shah accepted him as the Governor of Sirhand territories in lieu of 3.5 lac rupees. Unfortunately, the mighty conqueror Ala Singh bade adieu to this world on 22 August 1765.

Baba Ala Singh was a person of exceptional qualities like dauntless courage, incessant worker, determination, liberal attitude, political skill who loved the people of all sects and believed in the sanctity of all the religions. The King enjoyed the highest seat of judgement who decided very typical and critical cases with the advice of Dewan. Thanedars and Kotwals were responsible to maintain law and order. 'Lagaan', octroi, fines collection were the major sources of income. Ala Singh was an able administrator and a sagacious politician whose policies pleased even the Mughals and the Sikhs.

Q Phobia: Queues ka hai zamana

Author



Col JS Chandoak

Blessed indeed are those who don't have to experience queues. Life encompassed queues galore. In human life itself, occurrences are all queued up. Remain in a queue till the bus's arrival. Thereafter law of the jungle prevails and its survival of the fittest. Shortly the bus itself lands up in a queue at a crossing, "Roti, kapda aur makaan" and water force people to get in queues. With soaring pollution, rate fresh air implies another queue. The present pandemic has resulted in queues for hospitals and medical oxygen also. Queues at educational institutions, banks, law courts, doctors' clinics, employers' offices election booths, the list is unending.

Queues at educational institutions, banks, law courts, doctors' clinics, employers' offices election booths, the list is unending. Queues at educational institutions, banks, law courts, doctors' clinics, employers' offices election booths, the list is unending. The latter do so during air flights (for check-in and security clearance) and even in a 5-star ambiance during buffet meals. To occasions when others bear the brunt of queues. At birth, others enjoy them with excitement.

And when one kicks the bucket, others bear patiently for various rituals. Queues are prospering. In this era of super specializations, academicians may introduce a new subject of "Q" psychology to include behavior in a queue, some "ustaadi Nuskhe" on jumping queues and mesmerizing, those in front. Having seen people developing, "Q" phobia, quacks are trying to invent an antidote for the same.

Queues are inevitable. In true sporting spirit, let's relish them as a mini game within the overall game of life, which is Almighty's great blessing.

Wife Tax

Author: Col JS Chandoak

Wife Tax? Which husband is not a "Wife Tax"? Under the unwritten compendium of Marital Rules, this is one rule to which there is just no exception. If someone claims to be a non`Wife Tax` payer, either he is not truthful or he has been `directed` by the wife to say so. The only exceptions are bachelors and in their case, `Girlfriend Tax` is even more taxing.

Perhaps, this Tax is centuries old and maybe even Adam had to pay. Being universal in nature, even Indian husbands cannot manage to get away from its reach. Forget the Grand Old Days of Pati Parmeshwar, when a wife used to take permission for everything. NO LONGER. She has now been up-`status`ed from Ardhangani (equal half) to better Half.

Among all the taxes, this is the only tax having neither any logic nor a tax limit. How men wish there were some subsidies. Or also with age, one would hope to pay lesser tax and eventually become a non-taxpayer. Only God Almighty can help husbands who belong to the `Retired` category because the pre-retirement rates continue to apply. Even husbands getting old-age pension have to pay.

Ladies` kitty party is an apt forum for W-tax collectors to discuss innovative ideas and to formulate additional surcharges / penalties over and above the basic Tax. With a view to getting special subsidies, the fraternity of `Henpecked` husbands is growing in a Geometric Progression. After slogging for the entire day, can he avoid a trip to the market for purchasing daily needs as per an unending list of the `Tax Commissioner`? Well, there is a consolation, no need to file the `annual` Tax Return. In this case, `Commissioner` at home, recovers the tax on a daily basis. Real lucky are those who get `refund` more than the Tax paid! (unkind courtesy Corona 19 Wife Tax has shot up manifold. "Khali Baithe Ho, Kuchh To Karo" has become a constant refrain from the `Shrimati` replacing the usual threat (unfulfilled promise?) of Mein Maike Chali Jaungi which, in any case, cannot be implemented during the Lockdown due to limited travel facilities.

Last but not the least, just imagine my plight if this article (drafted in nooks & corners of the house, to avoid nazar of my better half) does see the light of day, how much additional Wife Tax, I may have to pay!!

Impressions is a monthly e-Bulletin, its theme being Nirbhau - Nirvair (No Fear - No Hate), to provide independent platform for sharing developments in Disability Empowerment - Artificial Limbs and Assistive Technology / Devices, Rotary Information of humanitarian service to advance goodwill and peace around the world, Healthcare matters, non-political and good news / topics – serious or humorous, about general interests on domestic and international fronts. The aim of this e-Bulletin is to encourage new ideas and original thinking with a positive approach.

Note: For advertisements in this bulletin please contact Dr VJS Vohra on Mobile / Whatsapp: +919814006829