

# Impressions

For Private Circulation only

Theme of this  
Bulletin:  
**Nirbhau- Nirvair**  
(No Fear - No Hate)

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[www.nevedac.com](http://www.nevedac.com)



Editor  
[Dr VJS Vohra](#)



[Disability leads to Ability of Super Humans](#)

**Fear never builds future, But FAITH  
and Creating HOPE in the World does**



[This e-Bulletin is  
dedicated to  
Colonel DS Vohra](#)



**PADMASHRI COLONEL DARSHAN SINGH VOHRA (RETD.)**  
FIRST COMMANDANT OF ARTIFICIAL LIMB CENTRE  
**A Visionary Pioneer in Prosthetic Rehabilitation**



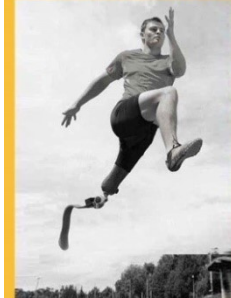
The Workshop Bay of Artificial Limb Centre, Pune



This monthly e-bulletin 'Impressions' is humbly dedicated to the memory of **Colonel DS Vohra**, a visionary pioneer in prosthetics - Orthotics, the **Founder of the Ministry of Defense Artificial Limb Centre, Pune**, and **Founder of Nevedac Prosthetic Centre, Chandigarh**. Col Vohra laid the foundation for a lifelong mission of restoring mobility and dignity to the disabled.

Carrying forward this noble legacy, Dr. VJS Vohra, his son, serves as the Founder & CEO of Nevedac Prosthetic Clinic and is the Co-Founder of Nevedac Prosthetic Centre. With over five decades of dedicated service, Dr. Vohra upholds the values of compassion, excellence, and innovation in prosthetic care.

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## From the Editor's Desk.....

### International Day of Persons with Disabilities



Rotarians and Persons with Disabilities. [Click here to see video on Facebook](#)

Rotary Chandigarh Tricity observed the International Day of Persons with Disabilities (IDPwD) on 3rd December 2025 with great enthusiasm and compassion. The celebration took place at the Nevedac Prosthetic Clinic, Chandigarh, providing service to individuals requiring artificial limbs and mobility support. In a friendly fellowship environment Rotarians were engaged in a meaningful and interactive session with persons with disabilities present at the clinic, to honor their strength, resilience, capabilities while promoting a more inclusive and understanding society.

The program began with a warm welcome by Rotarians, followed by an introduction to the significance of the day, which is celebrated every year on 3rd December. Rotary Chandigarh Tricity reaffirmed its commitment to serving and empowering persons with disabilities by supporting rehabilitation, promoting accessibility, and advocating for inclusive opportunities.

#### Message from President Rtn Kulbir Bhatia:

International Day of Persons with Disabilities was celebrated on 3rd December with great purpose. Congratulations to District Chair Disability Empowerment PP Rtn Dr VJS Vohra for putting together such a thoughtful and impactful event. Deep gratitude to our donors whose generosity enabled the sponsorship of artificial limbs, bringing hope and mobility to those who truly needed it. Special thanks to PE Rtn Amritpal Bhambra for sponsoring artificial limb for one patient.

The event was attended by District Secretary & District Chair Prosthetic Limbs Project PP Rtn Salil Dev Bali, District CSR Chair PP Rtn Deepak Sood, President Rtn Kulbir Singh Bhatia, VP Rtn Deepak Sharma, Rtn Ashok Batra, Rtn Purnima Sood, First Lady Rtn Harpreet Kaur, Rtn Rakesh Jain, Rtn Indu Vohra, President Mohali Midtown Rtn Aameep Sinha, VPS Jolly of Rotary Community Corp of Chandigarh Tricity and Sr. Prosthetist Dr Narendra Kumar. We were also joined by a guest Colonel Jagdeep Singh who is sponsoring a prosthetic hand for a 11 year old child.

**IDPwD celebrated in Patiala:** Rotary Chandigarh Tricity also celebrated the Disabilities Day at Patiala, where Rtn Dr Jaswant Puri generously donated four hundred maroon coloured uniform matching caps to Patiala School for the Deaf and Blind, Society for the Welfare of the Handicapped, Patiala. This initiative was warmly appreciated by Colonel Karaminder Singh (Retd.), Secretary of the Society. (Details on page 6).



Click on above photos to see the video

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## How Rotary works.....

By:



**Rtn Pankaj Pandey**  
District Executive Secretary  
Rotary District 3080

Naeem, who runs a small barber shop in Mussoorie, lost his right leg due to medical complications. With this unfortunate incident, his only means of earning a livelihood came to a halt. Understanding his struggle, the Rotary Club of Mussoorie stepped forward with compassion and action. Club President Rtn. Deepak Aggarwal and Secretary Rtn. Yogita Goel approached me for support to help Nadeem walk again.

We connected him with Rtn. Dr. V.J.S. Vohra, who has been serving humanity by providing prosthetic limbs at very nominal costs. At this moment, Mr. S.C. Dewan, CA, came forward generously and took the responsibility of sponsoring the entire expense through Dr Vohra's club, Rotary Chandigarh Tricity.

Now Naeem has received his new artificial limb — and along with it, a new hope, a new confidence, and a new beginning.

This is Rotary. This is Service Above Self.

Heartfelt thanks to Rotary Club Mussoorie, Rotary Club Chandigarh Tricity, Dr. Vohra, and the noble donor Mr. Dewan for transforming a life and restoring dignity.



**Naeem Ahmed** [walking](#)  
[with above knee](#)  
[prosthetic leg, and](#)  
[climbing stairs also](#)

Editor:



Special thanks to Mr. Varun Prakash (son of District Governor Rtn. Ravi Prakash), District Executive Secretary PP Rtn. Pankaj Pandey, and PP Rtn. Vikas Garg for their inspiring presence and meaningful interaction with Naeem at Nevedac Prosthetic Clinic, Chandigarh.

Our immense gratitude goes to the generous donor, Mr. S.C. Dewan. Sincere appreciation to District Secretary PP Rtn. Salil Bali, Senior Prosthetic Consultant PP Rtn. Dr. V.J.S. Vohra, Rtn. Indu Vohra and Rtn. Ashok Batra for representing Rotary Chandigarh Tricity, and Sr. Prosthetist Dr. Narendra Kumar.

## Para Table Tennis Gold Medallist



**Poonam**

Ms. Poonam, a polio victim, and a Rotary beneficiary, has been fitted with Knee Ankle Foot Orthosis (KAFO) at the Nevedac Prosthetic Clinic, Chandigarh. She is an outstanding International Para Table Tennis player who has won an impressive number of medals - **predominantly gold** - at tournaments in India and abroad, at Thailand, Sharjah (UAE), Jordan, Indonesia, and China.

With her remarkable achievements, Poonam stands as a true role model and source of inspiration for persons with disabilities. She currently holds the No. 1 rank in India, is ranked 4th in Asia, and 17th in the world. Her dedication, strength, and unwavering commitment to her sport have earned her widespread admiration.

Competing in Vadodara, Gujarat on 2 to 4 November 2025, Poonam delivered an outstanding performance, securing decisive victories across all her matches. She opened the event with a solid 3–1 win against a Gujarat opponent, showcasing strong control and consistency. In her second match, she dominated with a 3–0 sweep over a Maharashtra player, demonstrating both precision and momentum. She concluded with another confident 3–1 victory against a Gujarat player, successfully maintaining her winning rhythm throughout the competition, **adding another Gold** to her medal tally.

Poonam is a shining pride of our nation, representing India with excellence at both national and international levels. Her journey is a testament to perseverance, talent, and the power of determination.



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## KashiCon 2025 – A Grand International Success

By  
Dr. Prakash Mehta



**Scientific session started with Dr. AK Mukharji Sir, Ex-DGHS, Govt. of India and Ex-Director of AIIPMR, Mumbai**

The 5th International Conference KashiCon 2025, jointly organized by the Indian Association of Assistive Technologists (IAAT) and the Physiotherapist Welfare Association, Uttar Pradesh was successfully held on 22–23 November 2025 at BHU K N Upada Auditorium, Varanasi.

The conference witnessed remarkable participation not only from across India but also from several international speakers. Cutting-edge medical technologies, new research advancements, and their clinical outcomes were presented in an exceptionally engaging and impactful manner.

The successful execution of such a prestigious international event stands as a huge milestone, and the entire credit goes to:

Dr. Santosh Pandey  
Organizing Chairperson

Dr. Prakash Mehta  
Organizing Secretary

Dr. Vyom Gyanpuri  
Co - Organizing Secretary

and the dedicated KashiCon 2025 Organizing Team.

The two-day conference was managed with excellent coordination, ensuring a smooth experience for all delegates, speakers, doctors, and students from India and abroad. From travel arrangements to hospitality and meals, every detail was impeccably handled by the KashiCon team.

During the valedictory ceremony, the Kanpur Physiotherapist Association delegation—including President Dr. Narendra Kumar Pandey, Secretary Dr. Raj Pandey, and the Executive Members—were honored with certificates and awards for their presence and contribution.

The Kanpur Physiotherapist Association expressed heartfelt gratitude and appreciation to KashiCon 2025 for their warm hospitality and successful organization of this memorable international conference.

### Appreciations:

Dear Dr. Prakash Mehta, Organising Secretary and Team, Congratulations on the outstanding success of the 5th International Conference of Indian Association of Assistive Technologists. Your dedication and hard work ensured that every aspect from logistics to scientific session, from venue to hospitality was flawless, excellent. Thank you for making this

event a successful and memorable milestone for all participants. Long live IAAT.

Warm regards,  
Dr. Tarit Datta  
President, IAAT

Dear Dr Prakash Mehta,  
Heartiest congratulations to you - organising secretary and the entire team for the grand and remarkable success of KashiCon 2025.

Although I could not attend the event in person, I have been following it closely from the time it was announced. The professionalism with which it was promoted, along with the sincere dedication and tireless efforts of the KashiCon team, is truly commendable.

My heartfelt thanks to everyone who worked relentlessly to ensure that the conference concluded with joy, learning, and satisfaction for all attendees.

Sincere regards,  
Dr. VJS Vohra  
CEO & Sr. Prosthetic Consultant  
Nevedac Prosthetic Clinic, Chandigarh

Congratulations to the entire KASICON 2025 team for successfully organizing such an impactful and well-executed conference.

Your dedication, planning, and teamwork were evident in every detail of the event.

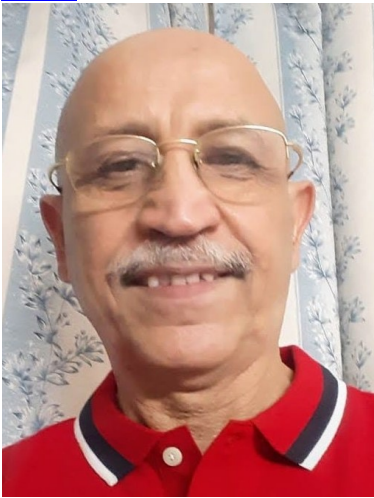
A special word of appreciation to Dr. Prakash Mehta, Organizing Secretary, IAAT, for the outstanding leadership, coordination, and tireless efforts that made this conference a grand success.

Wishing the team continued growth and excellence in future initiatives.

Dr. Manish Sood  
Director  
International Rehab Foundation, Delhi

## Midlife Crisis and Faster Aging

### Author



**Maj General Krishan Chauhan**  
Retired Army Medical Corps  
[Former Additional Director General, AMC](#)

The term *Midlife Crisis* was coined in 1965 by a psychologist called Elliott Jaques. He postulated that Midlife crisis occurs at a period when a person starts questioning his/ her life's choices and achievements. Whether one is living life as per one's own heart and mind or just existing for the sake of making a living for self or family. It was mostly an emotional crisis. Over a period of time, this critical age was thought to be between late 30s to end 40s years of age. The emotions are different for men and women. Old studies in Europe even gave a figure of just 26% of the people in this age band undergo Midlife crisis.

Certain biological and molecular changes also occur at an average age of 44 years. These changes occur in almost everyone in their mid-forties. These changes can be divided into – Metabolic, Physical and Mental (including psychological and emotional). There are certain socio-cultural challenges in this age too. Let us see all of them one by one.

**METABOLIC CHANGES:** There are changes in the way body metabolises fat. More fat is stored in the midsection of the body. This results in weight gain and predisposition to prediabetes and hypertension.

**PHYSICAL HEALTH:** A number of organs are targeted by the time one reaches midlife, some rapidly, others slowly. Person notices the first wrinkle on the face and hair in their hairbrush or comb. Reading becomes difficult and vision glasses are required. Other major physical health changes are:

- Muscles and joints. More work; less exercise and weight gain leads to loss of muscle mass and joint stiffness. Pain in one or more joints and slower recovery from injury is also noted. Risk of osteoporosis keeps increasing if lifestyle is not changed.
- Cardiovascular changes. Gradually thickening of arteries and decrease in elasticity further increases risk of hypertension. Untreated, it leads to stroke or heart attack.
- Hormones. In the females, the hormonal changes give rise to various physical and mental changes. In males, the decline in testosterone becomes noticeable. In many males, there is a decline in testosterone. If, simultaneously, the spouse is in perimenopausal stage, mood swings occur in males too.

**MENTAL AND EMOTIONAL CHANGES:** After having worked for about two decades, most having got married with children and some having the responsibility of aging parents, a time comes when a person questions one's life choices.

**SPECIFIC CONCERNS FOR INDIAN MEN:** Men in India face certain peculiar issues. Suppression of emotions in front of family members. Indian men are not expected to cry in front of their wife/ children. Some men who do not have bosom-buddies may just keep suppressing their fears and anxieties, which may suddenly burst one day.

**SPECIFIC ISSUES RELATED TO WOMEN:** Health issues may play a major part in Midlife crisis in Women. Apart from the medical symptoms, women have mood swings, increase in weight, libido changes, lower energy and sleep disturbances. The unmarried are unsure about their future as parents enter the terminal stage of their life.

**SOCIO-CULTURAL ISSUES IN INDIA:** Traditionally, Indian males are the bread earners. They are expected to bring salary which meets the ever-increasing demands of growing children in this digital age. Some have added responsibility of aging parents.

**HOW TO COPE WITH MIDLIFE CRISES?** Though one cannot avert the biological, cellular and hormonal changes of our midlife, we can take some measures to have fewer health (physical and mental) issues.

**Coping with mental issues of midlife crises.** Midlife crises is like a slow moving storm. We need to recognize and weather the storm by various methods.

**WHAT CAN TRIGGER EARLY AGING?** Not only in one's middle age, but even in seniors there are certain triggers which can rapidly increase our biological age.

**SEEKING HELP FROM EXPERTS:** Depending on the kind of challenge, an expert help can be sought. Unresolved emotional issues are best discussed with a clinical psychologist if buddies have not been of much help. In case a person has physical symptoms, help of a family physician should be taken who may examine and investigate accordingly. These symptoms may point to onset of a lifestyle disease and may need to be examined by an expert.

**Emotionally, midlife crisis is neither a disease, nor the end. It is just a pause. It will pass.**

For more details, click the link below to read for better understanding  
<https://genkris.wordpress.com/2025/11/26/midlife-crisis-and-faster-aging/>



## Disability is no Hindrance to Success

Author



**Dr Jaswant Singh Puri**

Doctor of Letters (Honoris Causa)

Social Activist, Punjab Rattan

Celebrating World Disability Day on 3rd December every year as International Day of Persons with Disabilities (IDPD) and recognised by the *United Nations* since 1992 is not merely a ceremonial celebration, but to ensure the fundamental human rights of over one billion people in the world for their holistic well-being with disabilities in all the aspects of life like political, social, economic and cultural. The 2025 theme, “*Fostering Disability Inclusive Societies for Advancing Social Progress*”, marks social progress, poverty eradication, employment and social integration of persons with disabilities. IDPD has now become a powerful platform to assess the contributions of persons with disabilities as active innovators, leaders, and contributors. This day carries vital importance for renewed dedication.



Disability is not a discredit but a world of human diversity and a better world for them. So a separate department called “*Department of Empowerment of Persons with Disabilities*” was formed.

India has introduced many schemes for the upliftment of Disabled Persons. The Scheme for Implementation of Rights of Persons with Disabilities Act, 2016 (SPIDA) is a comprehensive “Central Sector Scheme” that encompasses ten sub-schemes. *The Divya Kala Mela* is a national-level fair that represents a remarkable rejuvenation in India’s journey for disabled individuals.

*Indian Blind Women’s Cricket Team* recently won the first-ever T-20 World Cup for the Blind, a victory that was well-applauded. PM Narendra Modi met India’s Blind Women’s Cricket Champions, which remained unbeaten throughout the tournament, and presented the PM with an autographed bat. At the same time, he reciprocated the team by signing a cricket ball. PM Modi also congratulated the team of the *2025 Summer Deaflympics* held in Tokyo, Japan in which India won 20 medals (nine gold, seven silver and four bronze medals) and finished sixth in the standings. The Deaflympics is an international “Olympics for Deaf People”. It is a multi-sport event for deaf athletes held every four years.



**Dr. Kiran Kumari**

Dr. Kiran Kumari, presently working as Assistant Professor in the Department of Sociology and Social Anthropology and Coordinator of Centre for the Empowerment of Persons with Disability, Punjabi University, Patiala received a one-year *ICSSR Project* in October, 2025 titled ‘Exploring Media and Cultural Influences on the Identity Formation of Differently-Abled Women in Punjab’. She also attended a Symposium on Bhashini Technologies for the Visually Impaired on 28 November, 2025, organised by the Research Centre for Technical Development of Punjabi Language, Literature and Culture at the Senate Hall of Punjabi University, Patiala.

It is a matter of pride that noted physician Dr. Ajit S. Puri has written a book ‘Speaking of How to Prevent Common Diseases’ with a Foreword by Lord Walton to prevent disabilities so that people lead a disease – free life. It is worth mentioning that the book has been dedicated to Nobel Laureate Mother Teresa who dedicated her life to guide the suffering humanity and avoid the disabilities.

Rotarian Dr. Jaswant Singh Puri, on behalf of his father Dr. Ajit Singh Puri, donated four hundred maroon coloured uniform matching caps to the Patiala School for the Deaf and Blind, Society for the Welfare of the Handicapped, Patiala.

Dr. Jaswant Puri is a member of Rotary Club Chandigarh Tricity and this charitable activity is a part of Rotary Project at Patiala. This generous activity has been performed in view of the severe cold winter season and as a part of celebrations of World Disability Day on December 3, 2025.

This was also highly appreciated by Colonel Karminder Singh (Retd.), Secretary of Society for Welfare of the Handicapped (Regd.), who also issued a certificate of gratitude.



**Rotary Chandigarh Tricity project at Patiala highlighted through the broadcast by All India Radio, Patiala**

*Continued on next page.....*



..... Continued from previous page - **Disability is no Hindrance to Success**



**Dr. VJS Vohra**

There is a need to mention the name of Dr. VJS Vohra, CEO and Senior Prosthetic Consultant, Nevedac Prosthetic Clinic, Chandigarh, a Rotarian for last 30 years and a Multiple Paul Harris Fellow. He has been carrying forward for over 52 years the legacy of his late father, Padmashri Col. DS Vohra in the field of Disability Empowerment. Following his father's footsteps, Dr. Vohra is Honorary Prosthetic Adviser to Governments of Punjab, Haryana, Chandigarh UT and Himachal Pradesh. Dr. Vohra's aim is to restore mobility by providing artificial limbs to redress the sufferings of disabled persons and empower them to lead a life of dignity and pride.

The International Day of Persons with Disabilities is a highly significant occasion to reinforce the importance of promoting the rights, dignity and well-being of persons with disabilities. Dr. Vohra says, "It is essential to remember, however, that this commitment should not be confined to a single day. Every day and night of the year must ensure that disabled people lead a life of pride and equality like others."

Rotary Chandigarh Tricity celebrated International Day of Persons with Disabilities on 3rd December 2025 at Nevedac Prosthetic Clinic, 1134, Sector 44-B, Chandigarh, which was organized by Dr. VJS Vohra. President Rtn Kulbir Singh Bhatia, Rotary International District 3080 District Secretary Rtn Salil Bali, District CSR Chair Rtn Deepak Sood and other Members of Rotary Chandigarh Tricity engaged in an inspiring interaction and fellowship with persons with disabilities, reaffirming their pride and dignity and promoting an environment free from any discrimination. (Details of this project on page 2).

Dr. Narkeesh Arumugam is Professor, Department of Physiotherapy, Ex. Dean Medicine, Punjabi University, Patiala who speaks that Physiotherapy helps at primary level to promote physical activity, ergonomics, and safe mobility of body and reduces the risk of disease. Moreover, it functions in rehabilitating after illness or trauma to limit loss of mobility, strength and endurance. It is also useful to prevent deformity, pressure sores etc. By using targeted exercise, manual therapy and physiotherapy can optimise movement.



**Dr. Narkeesh Arumugam**

## **Military Literature Festival**



**Gen Anil Chauhan, CDS and Col JS Chandoak**

9th Military Literature Festival was held at the Sukna Lake complex, Chandigarh from 07 to 09 November 2025. It is an annual feature. Colonel JS Chandoak participated in the concluding session on 09 Nov 25. It was a unique occasion that he met General Anil Chauhan, CDS after the latter's keynote address on the Final day. Col Chandoak was Gen Chauhan's instructor, that is, Juliet Squadron Commander at the National Defence Academy, Pune during the latter's training period as a Cadet. It was wonderful to reminisce the good old days of the years 1978 & 1979. As they say, a teacher proudly lives in the reflected glory of his students.

Undoubtedly, an outstanding officer like Gen Chauhan (as also the previous CNS & CAS) reached the highest ranks due to their merit, professionalism and hard work. Understandably, Col Chandoak feels humbled as he was their mentor during the grooming stage.

# Impressions

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## Sri Guru Tegh Bahadur

(Commemorating the 350th Martyrdom Day)

Author



**Dr Ajit S. Puri**

Recipient of Punjab Ratan  
Medical Specialist Patiala

Sri Guru Tegh Bahadur Ji stands as an exceptional symbol of selfless sacrifice, spiritual glory and relentless moral courage who is being remembered on his 350th martyrdom day on 25th November, 2025 with grand events in all the states with an aim to spread his message of peace, unity and humanity. He was born in 1621 at Amritsar as Tyag Mal and later aptly named Tegh Bahadur for his bravery and valour who inherited the divine light of Sri Guru Nanak and the martial skill of his father Sri Guru Hargobind Singh Ji. He was at once a seer, a saint, a poet and a warrior. His compositions incorporated in *Sri Guru Granth Sahib* under the title *Mohalla Nine* are a spiritual and didactic compositions. The 'Hukamnamas' carry much historical importance and impart specimens of Punjabi prose in the seventeenth century. This style became more popular and Sri Guru Gobind Singh adopted it on an extensive scale. Guru Tegh Bahadur is known as 'Hind Di Chadar' (Protector of Hindustan) for sacrificing his life to save Kashmiri Pandits and their right to practice their religion. He spent nearly two decades in quiet contemplation at Bakala village.

When the time came for the succession of the ninth Guru, a devout Sikh merchant Makhan Shah Lubana revealed to the world about Sri Tegh Bahadur who ascended the throne in 1675.

The compositions of 59 hymns and 557 couplets are marked by a deep sense of detachment in this transient world by urging the people towards introspection and devotion to God. An English translation of one of the couplets is given below:

"Why wonder about looking for Him in jungles? He is all pervading and forever unattached." His commitment to righteousness is revealed when distressed Kashmiri Pandits approached the Guru at Anandpur Sahib pleading for their safety.

He upheld the principle of religious freedom and was brutally executed in Chandni Chowk, Delhi on the orders of the Mughal ruler since he did not bow to accept Islam.

To pay homage and tributes on his 350th martyrdom day, Light and Sound shows are arranged in all the states for his supreme sacrifice. Sri Tegh Bahadur's martyrdom symbolises the triumph of truth over tyranny.

As a mark of respect, Guru Tegh Bahadur Chair would be established at Chowdhary Devi Lal University.

Punjab Chief Secretary KAP Sinha stated that "from November, 23 to 29, a spectacular drone show featuring 500 drones would depict Guru Sahib's life, philosophy and supreme sacrifice". His teachings echo through centuries, urging us to live by conscience.



**Guru Tegh Bahadur Ji: The Protector of  
Hindustan and Humanity**



**Sri Guru Tegh Bahadur Ji**

Through his preachings and selfless work, Gururji sought to create a society in which one could walk the path of dharma, free from worry and fear. Gururji's life is perhaps the finest example of attaining the four purusharthas (goals of human existence)

**1672 AD Shri Guru Tegh Bahadur Ji  
First met their Son Guru Gobind Singh Ji**



After leaving Mata Gujri Ji and relatives at the City of Patna, Shri Guru Tegh Bahadur Ji travelled to Assam (located South of the Eastern Himalayas). They were travelling to enlighten mankind with Divine Gurbani. Meanwhile soon after they left Mata Gujri Ji gave birth to their son Dhan Shri Guru Gobind Singh Ji.

This beautiful picture depicts the first meeting. Guru Gobind Singh Ji's Mama Ji introduces them.

Impressions is a monthly e-Bulletin. The theme of this bulletin 'Nirbhau - Nirvair (No Fear - No Hate)' is both inspiring and powerful. 'Impressions' is a wonderful platform dedicated to such a wide range of topics, all with a positive and empowering approach. Covering developments in disability empowerment and artificial limbs, Rotary initiatives, military stories of gallantry, healthcare, and inspiring non-controversial / non-political topics, making it a rich resource for readers. 'Impressions' is providing such an independent platform for these important conversations, encouraging new ideas and original thinking which is crucial for fostering innovation and positivity.

### Disclaimer:

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